

# Pre-conference Program Mental Health

## Health Promotion in Mental Health Settings

22 May 2013

The Swedish Exhibition & Congress Centre,  
Gothenburg, Sweden

21st International HPH Conference  
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Organizers 21st International HPH Conference:



International Network of  
**H**Health  
**P**Promoting  
**H**Hospitals & Health Services



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WHO Collaborating Centre  
for Health Promotion  
in Hospitals and Health Care



Ludwig Boltzmann Institute  
Health Promotion Research



REGION  
VÄSTRA GÖTALAND

# Welcome to the Task Force on Health Promoting Mental Health Settings Pre-conference



**Doing it differently: Health promotion in mental health settings -**

**What are the outcomes and principles of mental health promotion work?**

**New ways of working with mental health promotion.**

## Pre-conference program

**WEDNESDAY, MAY 22, 2013**

Time	Topic	Speakers	Moderator
08.30	Registration		
09.00	Joint Pre-conference Opening & Welcome	<p><b>Ann O’Riordan,</b> Leader and Coordinator, HPH Taskforce TFU</p> <p><b>Dr. Tiiu Harm,</b> HPH Governance Board Member <b>Prof. Hartmut Berger,</b> Mental Health Pre Conference</p>	
<p><b>Plenary 1:</b> This plenary will be held as a joint assembly with the Tobacco Free United Pre-conference. Assessment: The puzzle – why are we not already on target: Physical and mental health as separate entities – or interlocking parts?</p>			
09.10	National guidelines to support governance and management in health service to promote changes in unhealthy lifestyle	<b>Iréne Nilsson Carlsson,</b> The National Board of Health and Welfare (Socialstyrelsen), Sweden	<b>Prof. Esteve Fernández,</b> ENSH-Global Network for Tobacco free Health Care Service
09.30	Life span expectations for patients in mental health – facts and imperatives for the health service	<b>Prof. Urban Ösby,</b> Karolinska Institute, Department of Molecular Medicine and Surgery, Karolinska Universitets-sjukhuset, Stockholm, Sweden	<b>Prof. Hartmut Berger,</b> Director Vitos Philipphospital, Riedstadt, Germany Taskforce on Health Promoting Mental Health Settings
09.50	Discussion – how do we get over the tipping point? We need to strengthen the sense of urgency. How?		<b>Ann O’Riordan</b> Leader and Coordinator, HPH Taskforce TFU
10.10-10.30	Short Break		

Time	Topic	Speakers	Moderator
Plenary 2:			
10.20	Mental health promotion – an overview with a closer look at Europe/Germany today. Where are we headed?	<b>Prof. Dr. Wulf Rössler</b> , Director Psychiatric Clinic University Zürich, Switzerland	<b>Prof. Hartmut Berger</b> , Taskforce on Health Promoting Mental Health Settings
11.00	Issues in Mental health promotion in Finland – results and how we are getting them	<b>Heli Hatönen, PhD.</b> Municipality of Imatra, Mental Health Services, Imatra, Finland Member of HPH Governance Board	<b>Dir. Inger Kari Nerheim</b> , Norwegian HPH network and Stavanger University Hospital, Division of Psychiatry
11:30	Outcomes for the individual and society ten years after: early intervention as health promotion and illness prevention	<b>Senior psychol. Wenche ten Velden-Hegelstad, PhD cand., Prof. Jan Olav Johannessen, MD, PhD.</b> Stavanger University Hospital, Norway	
12.00	“We need to talk” – The Psychoanalytic Way to Mental Health Promotion	<b>Dr. Rainer Paul</b> , Vice president German Psycho- analytical Association, Wiesbaden	
12.30- 12.45	Short break		
12.45	Whose health? Whose mental health? Where are the service users right now, and where are they pointing us onward? What about the population in general? Who is their advocate?	<b>Elisabeth Bäärnhjelm Pousette</b> , member of the board of the Swedish OCD-association, joint user organizations in Mental Health in Sweden	
13.30- 14.15	Lunch Break		
14:15	Reaching for a vision – what is recovery about? How did we get there?	<b>CEO Gene Johnson</b> , Recovery Innovations,( Arizona, California, North Carolina)	<b>Prof. Hartmut Berger</b> , Taskforce on Health Promoting Mental Health Settings
14:30	Guidelines of working to become a recovery based mental health service. Can recovery based mental health services be fused with an HPH approach?	<b>Exec. Dir. Lori Ashcraft, Ph.D</b> , Recovery Opportunity Center, Phoenix, Arizona	
15.00	Promoting somatic health in psychiatric disorder with quality assurance registers	<b>Prof. Mikael Landén</b> , Section for psychiatry, Institute of Neuroscience and Physiology at Sahlgrenska Academy at Univer- sity of Gothenburg	
15.30- 15.45	Short break		
15:45	Where do we go from here on Mental Health Promotion? Mediator: <b>CEO Lise-Lotte Risö Bergerlind</b> CEO Regional Knowledge Centre for Mental Health in Region Västra Götaland, Sweden. Leader of the Swedish Psychiatric Association		<b>Panel Discussion</b>
16.30	Summary and Closing		<b>Dir. Inger Kari Nerheim</b> <b>Prof. Hartmut Berger</b>

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Towards a more health-oriented health service  
– an issue of body and mind  
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